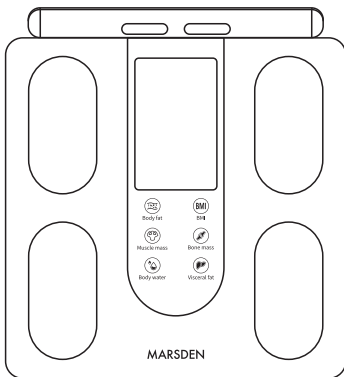


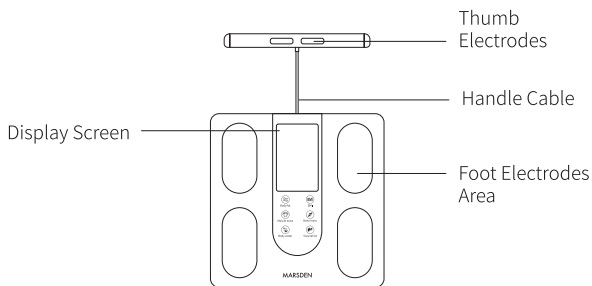
Body Composition Smart Scale



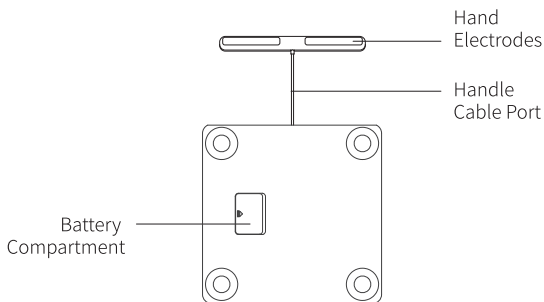
Model:CS10P

User Guide

Product Description



Product Front Demonstration

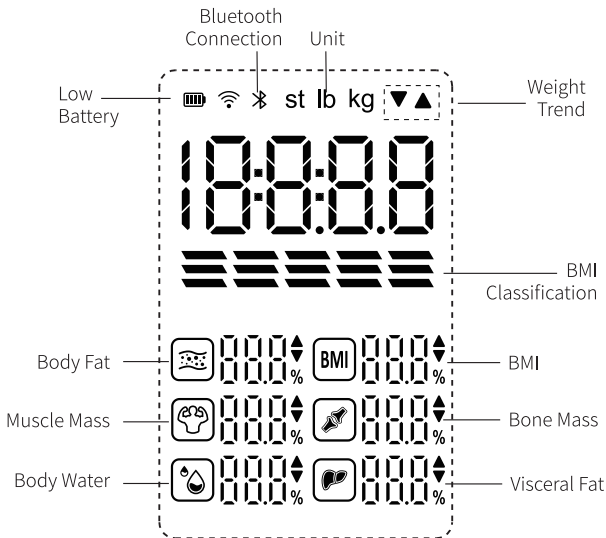


Product Back Demonstration

Product Specifications

Model	CS10P
Dimension	12.7 x 11.8 x 1.3 inches / 324 x 300 x 33 mm
Weight	4.1lb (1.85kg)
Measurement Range	0.4-396lb (0.2-180kg)
Measurement Resolution	0.2lb (0.1kg)
Display Type	LED
Battery	3 X 1.5V AAA Batteries
Working Current	≤50mA
Data Transmission	Bluetooth
Measurement Indicators	Weight, Body Fat, Body Water, Muscle Mass, Bone Mass, Visceral Fat, BMI, etc
Accessories	3 x 1.5V AAA batteries, measuring handle, scale, user manual

Screen Display



Initial Setup

Step 1: Download app and create an account

From Apple App Store (ios) or Google Play (Android), search for the "Feelfit" app and download it to your smart phone. You can also scan the QR code to download.



Scan QR code and
download "Feelfit" app



Register an account

Step 2: Pair scale with smartphone.

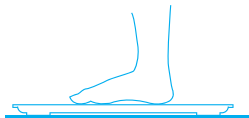
Make sure Bluetooth is enabled on your phone. For Android 6.0 and above, Location also needs to be enabled.

Pairing is done automatically.

Bluetooth icon is displayed on the scale.



Open "Feelfit" app



Step onto the scale to turn on
scale directly

Take Measurements

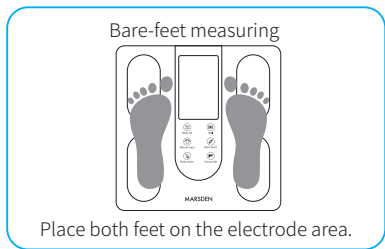
1. Initialize the Scale

When using for the first time, place the scale on a firm, clean, flat surface until “0.0” is displayed.

For the first body fat measurement, connect the scale to the APP via Bluetooth (see Initial Setup), enter user data. Subsequent measurements can be taken directly without reconnecting.

2. Weight Measurement

Stand barefoot on the metal electrode pads and grasp the handles. Maintain an upright posture with both hands firmly holding the handles. Once the weight reading stabilizes, the flashing weight indicator signifies the measurement is complete.



3. Body Fat Percentage and Other Body Composition Metrics Measurement

Ensure both arms are extended away from the sides of your body. Keep your thighs apart and minimize contact between limbs and

Ensure both arms are extended away from the sides of your body. Keep your thighs apart and minimize contact between limbs and torso. Maintain an upright posture and raise both arms until the measurement is complete.

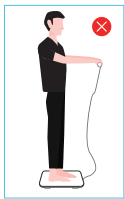
Body Fat Scale Measurement Demonstration - Body Illustration



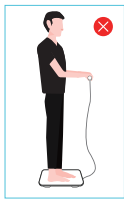
Keep your body upright with arms hanging naturally at a 45-degree angle, ensuring they do not touch your waist. Stand with legs apart, minimizing contact between them.
Note: Excessively dry or wet hands and feet may cause measurement failure. Please dry or moisten them and try again.



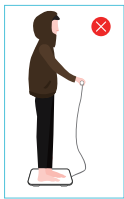
Avoid bending the hands outward.



Do not extend the hands horizontally for measurement.



Avoid bending the hands during measurement.



Wear form-fitting clothing only during the measurement process.

Body Fat Scale Measurement Demonstration - Foot Placement Illustration

Stand with feet parallel on the scale electrodes, ensuring inner thighs do not touch each other.



The heels of both feet should not touch each other.

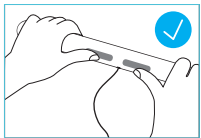


The feet should not be placed in a heel-to-heel stance.



Body Fat Scale Measurement Demonstration - Hand Demonstration Image

Thumb touching the oval electrode, four fingers touching the elongated electrode, with the handle connector wire facing downwards.



Thumbs should not touch each other, and the four fingers should not touch the palm.



The handle connector wire should not face upwards.

4.Displaying Measurement Results

The scale displays weight, body fat percentage, body water percentage, muscle mass, bone mass, visceral fat, and BMI. Additional metrics can be viewed via the app after measurement.

Display Screen Icon Guide

	Bluetooth icon: Illuminates when Bluetooth is enabled.
	Body fat percentage icon: Illuminates when displaying body fat percentage measurement results.
	Body water icon: Illuminates when displaying body water measurement results.
	Muscle icon: Illuminates when displaying muscle mass measurement results.
	Bone mass icon: Illuminates when displaying bone mass measurement results.
	Visceral fat level icon: Illuminates when displaying visceral fat level measurement results.
BMI	BMI icon: Illuminates when displaying BMI measurement results.
%	Percentage unit
	Low battery

	Upward arrow illuminated: Indicates the measurement value is higher than the previous measurement.
	Downward arrow illuminated: Indicates the measurement value is lower than the previous measurement.
	Overload
	Please return the handle to the scale when this icon is scrolling.

CAUTION

1. Do not use with implanted medical electronic devices such as pacemakers, artificial hearts, or life-supporting medical electronic devices, or wearable medical electronic devices like electrocardiographs.
2. Individuals with limb defects cannot use (measurement requires good contact with all eight electrode pads).
3. Do not jump on the scale.
4. It is recommended to measure at the same time each day under the same conditions.
5. To ensure accurate measurements, place the scale on a hard, flat, and clean surface.
6. The scale is not waterproof. Do not use in humid environments such as bathrooms.



WARNING

Please read carefully before use

- Do not use if you have a pacemaker, or any other internal medical devices in your body.
- Do not use if you are pregnant.
- Do not use on slippery floors.
- Do not use when your body is wet.
- Do not use rechargeable 1.2V AAA batteries.
- Do not use in humid environments.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID:2ANDX-CS10G

Video Guide

To explore more instruction:scan the QR code below for a quick overview.

